

# Uurschema kampenmeeting + PK gewichtwerpen Limburg

## Zaterdag 11/10/2014

|       |   |                             |                               |
|-------|---|-----------------------------|-------------------------------|
| 10u00 | Hamer jun/sen dames + W35-40-45                       |                             |                               |
| 10u45 | Hamer cad/sch dames + W50+ (beginnen met W50+)        |                             |                               |
| 11u15 | Gewichtwerpen jun/sen/mas dames                       |                             |                               |
| 11u30 | Hamer cad/sch heren + M60 – 65 – 70+                  |                             |                               |
| 12u30 | Hamer jun/sen heren + M35 – 40 – 45 – 50 - 55         |                             |                               |
| 13u00 | Gewichtwerpen masters M60 – 65 – 70+                  |                             |                               |
| 14u00 | Ver cad heren   | Kogel Sch heren + M60 - 65  |                               |
| 14u00 | Gewichtwerpen jun/sen heren + M35 - 40 – 45 – 50 - 55 |                             |                               |
| 14u30 | Ver JSM heren   | Kogel JSM dames             | Discus cad/sch dames          |
| 15u00 | Ver JSM dames   | Kogel cad heren + M70+      | Discus sch heren + M50-55     |
| 15u30 | Ver cad/sch dames                                     | Kogel sen heren + M35-40-45 | Discus JSM dames              |
| 16u00 | Hinkstap Sch/JSM dames                                | Kogel jun heren + M50-55    | Discus cad heren + M60+       |
| 16u30 |   | Kogel cad/sch dames         | Discus sen heren + M35-40-45  |
| 17u00 |   |                             | Discus sch/jun heren + M50-55 |
|       |   |                             |                               |